



UNITE
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GOOD

Rotary
Club of Thane Hills



10
TITEN



HILL ECHOES

JANUARY ISSUE

Francesco Arezzo
AI President - 2025-26

Harsh Makol
District Governor - 2025-26

Samir Limaye
Club President - 2025-26

Nilesh Pitale
Club Secretary - 2025-26



Vocational Services

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JANUARY IS
www.rotary.org

VOCATIONAL SERVICE MONTH

Rotary International

Rotary 

The banner features a group of diverse professionals including a doctor, a construction worker, a chef, and a woman in a uniform, all smiling. A large Rotary International logo is positioned in the upper right corner. The text 'JANUARY IS VOCATIONAL SERVICE MONTH' is prominently displayed in the center, with 'www.rotary.org' on the left and the Rotary logo at the bottom.

JANUARY 2026



Reflections by Club President

December marks the final month of the calendar year 2025—a significant milestone as we complete a quarter of a century. As a nation and as a club, we have achieved much, and we are well poised to contribute even more meaningfully to the betterment of society. Change is constant, many of us can look back and recall changes in India during last 25 years of journey. At RCTH too, we are undergoing a silent yet purposeful, powerful & positive transition.

December offered us that opportunity through yet another eventful and fulfilling month. The December Dreamers group did a commendable job in organizing our Club's Annual Quiz, meticulously crafted and masterfully conducted by Quiz Master Sunil Gwalani. We also hosted an excellent speaker on personal finance and our club took the lead in supporting a significant district initiative on heritage, featuring the Founder of SPIC MACAY. Ann Daan charity project continues to be deeply valued by Hillers and consistently draws enthusiastic participation and seva. Last but not the least, by the time this bulletin reaches all, Hillers will be recovering from hangover of beautifully curated Christmas party by PP Sucheta and December Dreamers.

I would like to place on record my appreciation for Board Members PP Vijay, PP Jayaram, PP Dr. Radhika, PE Dr. Anagha and PP Mahesh for their excellent support in advancing several projects currently in the pipeline, as well as for their guidance on compliance matters. Please stay tuned for further updates and announcements as these initiatives come to fruition.

We celebrated the continuity of Rotary by welcoming the Board of President-Elect Dr Anagha at our Annual Meeting. Please join me in wishing her all the very best for the Rotary Year 2026–27. A similar felicitation was held in for DGND Srijit Poothen and CoL representative PDG Kailash Jethani.

The formal proceedings of the Annual Meeting included the presentation of audited accounts by Club Treasurer Vasant Bhat. After constructive discussions and suggestions, the accounts were duly approved and passed.

There comes a time in the journey of every institution—and every individual—to pause, reflect, and reorganize. Having completed half year and awaiting remaining six months, we are evaluating every aspect. Providing wholesome content and meaningful experiences remains at the top of our agenda. At the same time, we are always open to suggestions. I encourage members to come forward and share their inputs. Fellowship, fun, food, and festivals are integral to our Indian ethos—they bring us together, help build a shared vision, and ensure the vitality of our institution.

Inspired members make for a vibrant club, leading to impactful projects and meaningful community service. Our club has already lined up several events, projects, fellowships, and festivals for the second half of the TiTEN year.

On a personal note, December also brought some of the most satisfying moments for any parent. I am sure the Likhites and Bhides share similar sentiments.

As we move forward, we continue to grow our impact and expand our reach—by uniting people and taking action to bring positive change in our communities and within ourselves.

Enjoy Rotary.

Samir Limaye

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Updates by Club Secretary

As we step into the **New Year 2026**, January brings renewed energy, fresh aspirations, and a strong sense of purpose. In Rotary, January is observed as **Vocational Service Month**, reminding us of the dignity of work and the responsibility we carry to uphold integrity, ethics, and excellence in our professions. Through vocational service, Rotary encourages each one of us to use our skills and expertise to serve society and create meaningful and lasting impact.

The month of December concluded on a high note with a wonderful blend of service and fellowship. Our meetings and events strengthened bonds within the club and reinforced our commitment to Rotary ideals. A significant milestone was our **Annual General Meeting**, where our President-Elect, **Dr. Anagha Karkhanis**, introduced her Board and shared her inspiring vision for the coming Rotary year, giving us a glimpse of the exciting journey ahead.

Under our ongoing **Aannadaan Project**, we continued our mission of service by distributing groceries to over **1,000 visually disabled individuals**, reaffirming our commitment to compassion & inclusivity. The year ended joyfully with a warm **Christmas celebration**, where Hillers came together in the true spirit of fellowship and togetherness.

As January unfolds, excitement builds for our signature and much-awaited **Triumph Run & Carnival**—a flagship initiative dedicated to specially-abled children. The sheer joy and radiant smiles of the participants give us immense satisfaction and serve as our greatest motivation. What began as a small fun event 25 years ago has today evolved into a grand mega-event with over 2,000+ footfall. As we celebrate the 25th edition of the Triumph Run & Carnival, the entire Rotary Club of Thane Hills comes together in true *Triumph fever*. I urge all Hillers to participate wholeheartedly on 4th January and make this landmark event a grand success..

Let us step into this New Year with optimism in our hearts, dedication in our actions, and a commitment to **Serve**.

Wishing all Hillers a very Happy, Healthy, and Fulfilling New Year 2026 !

Nilesh Pitale

Our sincere thanks to **Amvian Auto, Baroda** , for their generous donation of **Rs.9 lakhs**. This marks the third consecutive year of their support, made possible through the conviction and efforts of **Rtn. Radhika Padmanabhan**. Amvian Auto strongly believes in supporting healthcare and medical assistance. On behalf of the Club and Board, we encourage members to connect with organizations, overseas friends, and relatives to contribute to our Foundation, helping us do more for society and the needy.

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Message by Club Bulletin Editor

Dear Hillers,

Happy to present January edition of Hill Echoes Bulletin of RCTH in TiTen year !

This issue has details of projects, meetings and activities in December as well as what is coming in January along with information related to Rotary International and District 3142. We have also published interesting articles contributed by our own members and spouses.

As we enter January, let us reflect on one of Rotary's core avenues of service. Vocational service is a fundamental aspect of Rotary, emphasizing high ethical standards and the application of professional skills to serve communities and address societal needs. Through vocational service, Rotarians are expected to adhere to and promote high ethical standards in all their business dealings, recognize the worthiness of all useful occupations, and contribute their professional expertise and skills to addressing societal problems and needs.

Historically, Rotarians have promoted practice of high ethical standards as part of their commitment to vocational service. Two tools developed by Rotarians — The Four-Way Test and the Declaration of Rotarians in Businesses and Professions — provide a road map for practicing ethical behaviour in the workplace and other areas of life.

As we enter 2026, would like to thanks to President Samir Limaye , Secretary Nilesh Pitale, PR/PI Director Aniket Kanade, Gautam Banik , all the members who have diligently contributed articles for their continuous support during first half of Rotary year. Would again express thanks to PP Dr Suhas for releasing Dec edition, and Milind Karhade from Heramb Prints and his team for diligent and timely support.

Wishing you and your dear ones a very Happy New year 2026 ! Let us follow the four-way test in our professions and keep serving communities through our vocational expertise.

Please keep sending inputs, content, feedback and comments !

PP Varsha Likhite

Bulletin Editor 2025-26

varshalikhite@rediffmail.com



IWCTH Monthly Report - December 2025

By Innewheel Club President Nayana Gala

Happy New Year from IWCTH!

As we step into a brand-new year, we wish you all a very Happy, Healthy, and Joy-filled New Year. May 2026 bring fresh energy, meaningful connections, and many more opportunities to serve with heart and purpose.

December 2025 was a month that truly captured the spirit of the Inner Wheel Club of Thane Hills—warm, vibrant, compassionate, and full of life.

We began the month on 3rd December, World Disability Day, by sponsoring a picnic for the special children of Arambh Foundation at Aayush Resort. Fifty special children, along with their parents and teachers, enjoyed a carefree day filled with fun, laughter, and togetherness. Their smiles reminded us that joy multiplies when shared.

On 6th December, members gathered for Chai, Charcha aur Connect 6.0, a much-loved IWCTH platform. The panel discussion, “Grandma’s Gyaan – Influencer’s Version”, sparked lively conversations where traditional wisdom met modern perspectives—over chai, laughter, and thoughtful exchanges.



Mid-month, our impactful initiative Sparsh – Ek Ehsaas reached young minds at Bal Vidya Mandir and Adarsh English School, Wagle Estate. Across eight sessions, 395 students from Grades 1 to 10 were sensitised on Safe and Unsafe Touch in English, Hindi, and Marathi. Strong teacher participation

ensured that the message extended beyond the classroom.

On 16th December, Masti Ki Pathshala 7.0 brought an inspiring morning of learning at Adarsh English School. Students participated in age-appropriate sessions on Communication Skills and Confidence Building and Menstrual Hygiene and Personal Care, encouraging confidence, awareness, and open dialogue.

Throughout the month, Project Drishti – Vision for Life continued its meaningful work, with 18 cataract surgeries completed so far this year, restoring vision and dignity to many lives.



The month concluded on a festive high with the Zidd Christmas Carnival at Jidd School on 24th December, filled with laughter, games, enthusiastic parent participation, and a delightful Santa appearance that brought smiles all around.

Throughout the month, Project Drishti – Vision for Life continued its meaningful work, with 18 cataract surgeries completed so far this year, restoring vision and dignity to many lives.

December closed with grateful hearts and happy memories, setting a beautiful tone as we step into the New Year—ready to serve, connect, and create impact together.



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Message by Rotaract Club of Thane Hills President

Sayali Korgaonkar



December: A Month of Service, Connection, and Celebration

December was marked by meaningful service initiatives, shared achievements, and moments of connection that brought the year to a thoughtful close.

The month began on 7th December with a large-scale Health Checkup Camp at Kopri, Thane, organized to serve underprivileged communities. A wide range of medical services—including general medicine, ophthalmology, dermatology, and allied healthcare—were provided. Members supported the initiative by managing registrations and assisting with on-ground logistics, ensuring smooth and efficient execution.

From 7th to 14th December, the spotlight shifted to teamwork and spirited participation with RISE, a major zonal sporting event. Day Zero featured indoor and gaming activities, followed by on-ground sports on 13th and 14th December. The event witnessed enthusiastic participation, with Zone 2 securing the overall trophy for the second consecutive year, marking a proud achievement.

On 20th December, AAINA 5.0 – Episode 3 focused on animal-assisted, dog-based therapy for orphaned girls. The session was conducted by a certified therapist from Pawsitive Synergies along with trained therapy dogs. Designed to promote emotional well-being and comfort, the session was engaging, insightful, and impactful for both the children and volunteers involved.

The social highlight of the month, The Breakfast Club – Episode 4, was held on 21st December at Rapid Anna, Vasant Vihar. Members came together over breakfast and conversation in a relaxed setting, strengthening bonds beyond service activities.

Looking ahead, Udd Gaye 4.0, scheduled for 27th December, will offer a reflective close to the year through a symbolic lantern-release activity, encouraging participants to express reflections and intentions as the year concludes.

Preparations are also underway for January with Murder in the Hills – Edition 2, an editorial initiative and interactive murder mystery game. The event invites participants to engage in collaborative problem-solving, storytelling, and critical thinking as they work together to unravel a fictional case, setting a creative and engaging tone for the new year.

Closing Note

December reaffirmed that community is shaped through purposeful action and shared experiences. As we move into the new year, these moments continue to strengthen our collective journey forward.

“Community is built not only through action, but through shared moments.”



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UPDATES

6 RIDs of RY 27-29 announced



PDG Dr Ashes Ganguly with PRID Michael Mc Govern

Rotary International Foundation Chair
 Michael McGovern recently shared that Mills McGovern has been selected to chair the Global Polio Eradication Initiative (GPEI) Polio Oversight Board.

END POLIO NOW

MICHAEL MCGOVERN
 International Polio Eradication Campaign Chair
 Rotary International Foundation Chair

Rotary UNITE FOR GOOD TRF

DG Harsh Makol, TRF Support Team & Rotary Club of Thane Hills
 Invite You For

2nd TRF SEMINAR

Chief Guest
Rtn. Manoj Desai
 Past Rotary International Director

Save Date Saturday 10th Jan 2026
 8:30 pm to 9:30 pm

Mellor inn, Next to Capperinri,
 Opp Dighs Station, Airoli, Navi Mumbai.

Registration: ₹1400/-

Co-Hosting:
 Platinum: ₹15000/- (+ Entry Free)
 Gold: ₹10000/- (+ Entry Free)
 Silver: ₹ 5000/- (+ Entry Free)

Host Club :
Rotary Club of Thane Hills

PP. Varsha Likhite
 Convenor

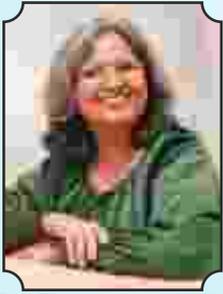
Rtn. Samir Limaye President
Rtn. Nilesh Pittale Secretary

Click Here To Register

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The "Unofficial" RCTH SWOT : A Friendly Reality Check

Rtn. Sarita Bahl



At our AGM on December 20th, the President floated the idea of a SWOT analysis. It got me thinking—if we really held up a mirror to ourselves, what would we see? So, in the spirit of "service above self" (and "humor above all"), here is a lighthearted take on where we stand. To be taken with a pinch of salt, a dash of lime, and several dollops of laughter!

Strengths: The "Enthusiastic Octopuses"

Our greatest strength is our heart. We have an incredible membership of high-achievers who genuinely want to do good. When a RCTH member walks into a room, everyone knows things are about to happen—we don't just work together; we celebrate life together, and that bond is our secret sauce.

Weaknesses: The "Navratri Thali" Spread

If our project list were a meal, it would be a 56-item *Chappan Bhog* thali. We are doing everything, everywhere, all at once. Our calendar looks like a busy Rangoli design—beautiful, but so intricate that you can't tell where one colour ends and another begins. By trying to be the solution to every problem in Thane, we sometimes end up "inch deep and mile wide." We are busy, but are we moving the needle, or just spinning our wheels in the traffic at Teen Haath Naka?

Opportunities: The "Lit Fest" Momentum

We have a massive opportunity to curate. Look at the Thane Literature Festival we just pulled off—a first for the club and a first for the city! It was bold, it was focused, and it put us on the map in a brand-new way. Imagine if we took that same energy and turned our 50 "good" projects into 5 "legendary". We have the talent to move from being "the club that does stuff" to "the club that owns the conversation."

Threats: The "Vintage Car" Syndrome

Our biggest threat isn't a lack of funds; it's the comfort of the "tried and tested." The phrase "*But we have done this for twenty years*" is our kryptonite. We often treat our old projects like a vintage car—we love looking at it, but we're afraid to take it out of the garage or change the engine. If we don't evolve our "operating system," we risk becoming a lovely museum of how things used to be.

The Bottom Line: Co-creating Our Future

We are a powerhouse of talent, so let's sit down (perhaps over one of those legendary Happy Hours?) and decide which legacy we want to build together. After all, the best way to predict the future of RCTH is to design it ourselves! Let's co-create a vision that balances our rich traditions with a leaner, meaner impact.



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Shots for Adults Only !

PP Dr. Suhas Kulkarni



Its not what you are probably thinking !

We are talking about vaccination for adults. Not just kids, Its now established that we too require some vaccines to prevent illnesses which can cause significant morbidity and mortality. Here's the latest on these jabs – why, when, effectiveness & side effects, if any.

Lets first see what vaccines are required for women. Especially child bearing women, before and during pregnancy.

- 1. Flu Vaccine :** Annual dose, given at any time before or during any stage of pregnancy. Safe and effective, protects mother and child against complications related to influenza.
- 2. Tetanus Toxoid :** 2 doses 4 to 6 weeks apart, as soon as pregnancy is detected. This is offered by govt centres in the National Immunization Schedule. Safe and very effective.
- 3. Tdap :** Given at 27 – 28 weeks gestation, protects newborn against tetanus, diphtheria & pertussis (Whooping cough). Safety and efficacy well established.



Certain vaccines such as Hepatitis A & B, Yellow Fever, Meningococcal, Japanese encephalitis, etc, are given under special circumstances and/or to those residing or travelling to areas endemic to these diseases.

Now we will list those vaccines required for all of us, at some stage of our lives. These are very important for those with low immunity such as elderly individuals (above 65), chronic renal disease (on dialysis), diabetes, hypertension, cancer patients on chemotherapy and those on steroids for various conditions.

- 1. Seasonal Flu Vaccine :** The flu virus keeps mutating and an updated vaccine is made available every year and should be taken in May/June just before the advent of the monsoon.
- 2. Pneumococcal Vaccine :** India has a significant burden of pneumonia. About one in four cases worldwide occur in our country! While kids are now receiving the pneumococcal vaccine in the government schedule, adults above 50 need to take it too. The schedule: Conjugate 13 valent vaccine followed by 23 valent polysaccharide vaccine after 1 year. Recently a 20 valent conjugate vaccine has been introduced, just one dose of the same is enough for life long protection against pneumococcal pneumonia
- 3. Hepatitis B :** While universal vaccination now available for children under the National Immunization Program, adults who are not vaccinated need to take the vaccine.
- 4. Tetanus Toxoid :** Td, or tetanus and diphtheria, should be taken every 10 years. It protects against tetanus and acts as a booster against diphtheria too. If we are regular with this shot we do not need for a TT shot after every minor wound.
- 5. Typhoid and Hepatitis A :** The typhoid conjugate vaccine gives long lasting immunity and can be given to adults. Water borne diseases like Hepatitis A and typhoid are endemic in India and vaccines against these diseases are strongly recommended for those in developed countries visiting India & other endemic countries.
- 6. Antirabies Vaccine :** The only post exposure vaccine to be administered as a 5 or 6 dose schedule

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after an animal bite. The cell culture vaccine is safe and effective. Recently a new vaccine with a 3 dose schedule (Thrabis, by Cadilla) has been licensed, effectively reducing the time period and number of injections. Pre-exposure prophylaxis is recommended for vets and animal handlers.

7. **Chicken Pox Vaccine** : Most of us have suffered from chicken pox, a highly contagious viral infection in our childhood. It is usually a minor condition and heals fully, a fact which encouraged the 'Chicken pox parties' in bygone days, much prior to the advent of effective vaccines against the virus. Today it is known that some kids can suffer from serious, even life-threatening complications, and the dreaded 'shingles' in later life (see below). Ideally given in children as a 2-dose schedule, it should be administered to all adults who haven't had the illness in their childhood as a 2 dose schedule one month apart.
8. **Herpes Zoster** : A troublesome complication of Chicken Pox with potential of causing painful rash known as shingles, certain adults are especially susceptible. It occurs due to reactivation of the dormant chicken pox viruses during periods of low immunity (especially in elderly adults above 50) which reside in the anterior horn cells of the spinal cord in all those who have suffered from the disease in their childhood. The shot can cause local pain, malaise, fever for a day or two. So make sure you have a holiday on the next day! The vaccine against herpes zoster is now recommended strongly to all adults above 50.
9. **HPV Vaccine** : Our Club has vaccinated thousands of girls against human papilloma virus infection, the virus known to cause cervical cancer. It is given in 2 doses six months apart to girls between 9 and 14 years of age, before the onset of sexual activity. It can be given upto 26 years of age in a 3 dose schedule. Recent recommendations have included boys too, as they can also suffer from lesions such as genital warts and penile cancer. Also, since the infection is sexually transmitted, vaccinating males would go a long way in curtailing spread of the infection.
10. **Covid 19** : Most of us completed the schedule during the epidemic, which has truly left scars on the psyche of everyone worldwide due to its devastating effects. The recommendations are now to take a booster every year to prevent infection by mutating strains.
11. **MMR** : Protecting against measles, mumps & rubella, offered to all adults not immunized in childhood, as a 2 dose schedule one month apart.

These are the vaccines which are beneficial to adults. Those with lowered immunity need these vaccines as they can suffer more and many of the conditions can be life threatening. I would suggest that all of us need to discuss with our Physicians the need for the above mentioned vaccines and their schedules, effectivity, side effects, cost, etc.



A healthy lifestyle means being proactive. Apart from a nutritious diet and enough outdoor exercise, we need to protect ourselves from vaccine preventable illnesses!

A minimum of annual seasonal flu, pneumonia and shingles vaccine, is what I would recommend to each and everyone of us, especially those above 50!

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New Year . . . New Tidings . . . New Hope

Ann Aneetha Satish



We are already at the half way mark of 2020's and many of us have more behind us in terms of life lived and lesser ahead, but this is the time to make a difference.

We have all heard about decluttering and the peace of mind or the feeling of lightness that it brings about. There is also the concept of "Swedish death cleaning" (there are many posts related to the same on the net)

But why am I talking about these?

It's simple. To enhance the quality of our life going forwards. We are therefore talking about decluttering of a different kind.

- 1. Relationships** – how about ditching those that have not been working for a long time like childhood friends, or co-workers from your say first job. Relationships that have no meaning or nothing to offer both ways but we are hanging on to, just as a courtesy. Why not recognize that they were good till they lasted and its now time to move ahead. Stay in relationships that bring joy and cheer for both the parties.



Let's cherish and enjoy those that bring us joy.

- 2. Hit delete** – just because we have an opinion it does not mean that we need to comment on everything and sundry. Many a times we are not aware of the circumstances, plus our temperament varies, experiences mould us into differing beliefs so why not hit delete to the solution forming in our head and just listen to the other person.



Not everything is about us.

- 3. Things** – not only those that are torn, worn, no longer fitting, but also those that we have not yet opened for a long time, or something that does not spark joy. (yes Marie Kondo...) Why hang on to these? Simply because we have paid for it. It does not make sense to keep it lying about and feel low every time we look at it. It is better that we dispose of it



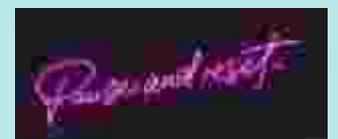
Spark joy

- 4. Close the other tabs** - Sometimes we are juggling too many things because of fear of losing out, having said yes to these experiences we are now stretched thin. Those multiple wapp groups that we are in simply because we feel it may be rude to exit. Its time to rethink. If it was offline, would we have said yes and the moment it becomes clear it would be prudent to quit those other tabs.



Savor the moment

5. What do you do when you have nothing to do? 2026 is here and we do not know how it is going to be but one thing is certain, that it will happen. So, our main task would be to pause and reset. By answering what do I do when I have nothing to do, we realize the constant need of doing that we have been trapped in.



Its time to reclaim nothing to do

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6. **Purpose** - our purpose in life is to identify what is within our control and what is not. once we make this decision it would be easier to focus on that which we can control leading us to make happier choices and becoming stronger, ultimately successful.



Not my monkeys not my circus

7. **Diet** - when we are physically not up to the mark, we need to modify our diet to get back on track, similarly when we are mentally scattered and distracted its time to focus on cleaning up my information diet. I must choose what I am gulping down. is it the rathole of mindless scrolling or is it learning something new'?



My life my choice

Ditch the old for the new. Looking forward to being a better version of oneself.



CALENDAR FOR JANUARY 2026 - VOCATIONAL SERVICES MONTH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Weekly Meeting	2	3
4 Triumph Run & Carnival	5	6	7	8 Weekly Meeting	9	10 Second TRF Seminar
11	12	13	14	15 Weekly Meeting	16	17 Pongal & Makar Sankranti Festival Celebration
18 Ann Daan	19	20	21	22 Weekly Meeting	23	24 Eco Quiz
25	26	27	28	29 Weekly Meeting	30	31
RI THEME	RCTH OFFICIAL MEET	FELLOWSHIP & FESTIVALS	PROJECTS	EVENTS	DIST. EVENT & PROJECT	

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Sanity in Chaos : When Empathy Comes to the Rescue

Ann Madhavi Kanade

It was one of those days when everything seemed to go wrong. Boarding had been announced, passengers were settled, and then a technical fault delayed the flight by four hours. Frustration quickly escalated. Most passengers were upset, some frustrated, but a few were furious shouting abuses, instigating others, and threatening to damage airport infrastructure. As the boarding in-charge with my team of six, I was nervous, stressed, and struggling to find a way to calm the chaos.

We tried explaining patiently that the delay was for their own safety, but words alone weren't enough. Then, unexpectedly, a couple in their seventies, seated in premium economy, stepped forward to speak to the passengers. Calm and composed, they patiently explained why the flight couldn't depart with a technical fault. Gradually, their empathy and reassurance began to diffuse the anger around them.

Later, when I went to thank them, they shared their story: a year ago, they had lost their passport in their bag and were anxious and stressed. I had helped them locate it and even arranged a small anniversary cake for them. They smiled and said, "Being part of society, it's our responsibility to help you back whenever we can." Their selfless act in that moment reminded me how empathy can ripple forward in unexpected ways.

Meanwhile, we arranged food for the passengers because a hungry passenger is often an angry passenger and the flight eventually departed safely.

That day reinforced a vital lesson: sanity in chaos comes from calm focus, empathy, and thoughtful action. Helping without expectation not only restores order around you but can also return in unexpected, powerful ways, showing that even small gestures matter in moments of frenzy.



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Life Through Her Lens

Aditi Date

1. Describe yourself in two words

Ans-Born to Help

2. What's a life lesson you have learned the hard way

Ans-Keep helping others without expecting. Nothing is permanent in life. Hide tears from public. Always be positive. Be strong. God is with you

3. What creative activity makes you lose track of time
Ans-while working for society, while making Ganpati, while singing, while cooking, while learning new technology, and while dancing.

4. What's your comfort food—and the story behind it
Ans-I am not foody person I am lucky to have enough food on my plate. So I respect food a lot. As I am working for society and had very different life since childhood, I have seen so many things in life. since my childhood I never had any preference for food. Any Veg food is ok for me. But I love to cook different cuisines from different countries and different parts of India for others.

5. If your life were a book, what would be its name
Ans-Battlefield- Daring to know

6. Rotary project is closest to your heart, and why
Ans-any project that is related to nature as I think if nature is taking care of us it's our duty to respect and give back a little to nature.....



Compiled by IP First Lady
Prachi Divekar



Shreyasi Mule



1. Describe yourself in two words

Ans : Perseverantly Positive.

2. What's a life lesson you have learned the hard way

Ans : a) Unless your point proves completely wrong, keep it on and work on it. Soon it becomes completely correct.

a) Define what is negotiable n what is non-negotiable to you.
b) Try to identify your thinking pattern about something that has caused you troubles n try to imbibe pattern from others for d same. This is very difficult.. but possible.

3. What creative activity makes you lose track of time
Ans : Any creative activity mostly related to music.

4. What's your comfort food—and the story behind it
Ans: Tea. It connects and bonds people to next level.

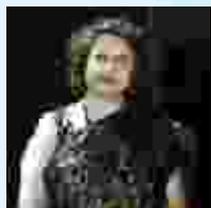
5. If your life were a book, what would be its name
Ans: I am important to me.

6. Rotary project is closest to your heart, and why

Ans : a) Triumph Run

b) Rotal

I have observed my husband, myself and my daughter grow socially, culturally, responsibility wise throughout past experience in the above events....



Namrata Puranik

1. Describe yourself in two words

Ans. Cheerful, Friendly

2. What's a life lesson you have learned the hard way

Ans. One should be a good listener as it allows one to learn from others and also

lessens our misunderstandings.

3. What creative activity makes you lose track of time
Ans. 'Music' is the best activity which makes me lose track of time

4. What's your comfort food—and the story behind it
Ans. 'Rice' is my favorite and go to food that I can eat any time of the day. Be it dal khichadi or Pulav or just Ghee rice, I just love ♥ Rice.

5. If your life were a book, what would be its name
Ans. Euphoria.

6. Rotary project is closest to your heart, and why
Ans. The Rotary project closest to my heart is 'Environment'. By taking care of our environment we can have a cleaner and safe place to live in. The environment also supports our biodiversity, regulates climate and improves our physical and mental health.

Prachi Songadkar

1. Describe yourself in two words

Ans-Stay real

2. What's a life lesson you have learned the hard way

Ans-In life, being simple isn't enough; showing it matters... still learning.

3. What creative activity makes you lose track of time
Ans-I lose hours in the quiet ritual of order and cleanliness. It's not 'art,' but it feels like mine.

4. What's your comfort food—and the story behind it
Ans-वरण, भात आणि लोणचं

5. If your life were a book, what would be its name
Ans-The ROOTS

6. Rotary project is closest to your heart, and why
Ans-Although I haven't been directly involved in Rotary projects, I would consider supporting the initiative of providing free and safe blood transfusion for thalassemia patients.....



JANUARY 2026

Club Projects

Project - 24

Saturday, 20th December 2025 | Ann Daan - Yogi Hills

This project continues to attract Hillers passionate about community service. Our dedicated soldiers, Satish Shetty and Prashant Ojha, tirelessly coordinate with Hillers every month and encourage them to participate in the Ann Daan initiative. In today's digital world, no amount of technology can replace human connection. We grow richer and enlightened the moment we travel all the way to Yogi Hills. First-time Hillers Kunal Verma and Akansha Gotkar were deeply impressed by the impactful work being done. An earnest appeal to all members—make the most of the amazing opportunities Rotary provides to serve, contribute, and enrich.



“Thane Literature Festival – Many Hands, One Vision”

It started as a spark, a gleam,
President Sameer's thought, Atul's dream.
A wish to bring words, art, and theme,
To life - in Thane's heart - like a flowing stream.

They say many hands make the work light,
And that truth shone through, clear and bright.
Each member, each spouse, each child in line,
Turned effort to magic - a sight divine.

No man's an island, we've heard it told,
Together we crafted something bold.
From first idea to final cheer,
Every helping hand was precious here.

Rome wasn't built in a day, they say,
But our fest bloomed in its own bright way.
With laughter, patience, heart, and grace,
We built a memory time can't erase.

The Thane Literature Festival - our pride,
Where words found wings and dreams took stride.
For when we pull oars, the boat will glide,
And unity becomes our guide.

So here's to teamwork, heart, and gleam -
For together, we lived the RCTH's dream.

Editorial Note : Enjoy this lovely poem by Rtn Sonali Bijur which got missed in the earlier editions. While is about the Literature festival, it also reflects the true spirit of Hillers which makes each event, project or activity undertaken a grand success !

JANUARY 2026

Club Meetings

Weekly Club Meeting- 20

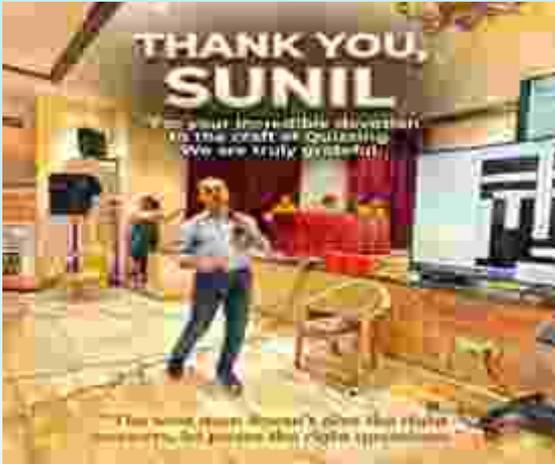
Date- 4th December | Venue- Thirani School. Thane

The meeting chaired by Past President Dr Raju Subramanian featured Guest Speaker Ms. Chanda Varma , who delivered an insightful address on financial planning and investment. The session was informative and enlightening, enabling Hillers to gain a clearer understanding of prudent financial management and planning. Club places on record its sincere appreciation to Ann Pranjul Jaiswal for her efforts in facilitating this session.



Club Meeting - 21 | Fellowship - 05

Date: 13th December 2025 | Venue: Federation House



The 21st Club Meeting of RC Thane Hills featured the much-awaited Hillers Quiz , an engaging fellowship event centered on the theme of media, publication, press, advertising, and broadcasting. This super-duper engaging event was entirely conceived, curated, and conducted by Rtn. Sunil Gwalani , whose tremendous skill, meticulous planning, and dedicated efforts were evident throughout the program. Putting together a quiz of such professional quality requires significant time, insight, and commitment, and Sunil delivered an outstanding experience to all participants. The event highlighted the rich talent pool within the club and why RC Thane Hills is one of the most vibrant clubs. The quiz comprised Direct Question

rounds, Pass rounds, and Rapid-Fire rounds, making it dynamic, challenging, and thoroughly entertaining. Congratulations to winning team lead by Vidyadhar Naik followed by Sandeep Bhatia and PP Ravi Iyer on 2nd and 3rd spot. Appreciation for Milind Suryavanshi and PP Sucheta for meticulous scoring and

Ann Madhavi and Rtn Vidya Pradhan captured moments.

Club Meeting-23 and Annual Meet

Saturday , 20th December 2025

The Annual Meet of the Club was a meaningful blend of celebration, continuity, and statutory compliance . Club Treasurer Vasant Bhat presented the audited accounts of all three legal entities, reaffirming transparency and financial discipline. President-Elect Dr Anagha Karkhanis formally introduced her Board and shared her vision along with key areas of focus for the coming year. President Samir Limaye extended gratitude to Club and Board for wholehearted support during first half and assured engaging plus eventful second half. The formal proceedings were followed by happy hours, dinner and fellowship.



JANUARY 2026

Christmas Celebration



JANUARY 2026

Rotary Club of Thane Hills and Triumph Foundation
bring to you



*With excitement and expectation writ large on their faces,
They look forward to enjoying their races,
With breakfast served satiating their hunger,
Their eyes say it all, We will NEVER surrender!!*



Come and be a part of their winning journeys on
Sunday, January 4, 2026 at 8:00 a.m.
at Shri Mavli Mandal School Ground, Charai, Thane.

Breaking Barriers, Spreading Smiles!